What's on at the Wigton Family Hub and surrounding area

BABY WEEK 2026 Saturday 14th to Friday 20th November

Saturday	Monday	Tuesday	Wednesday	Thursday	Friday
Baby Week Launch Carlisle Library - The Lanes Carlisle **10:30am - 2:30pm** (For children aged 0-5 and their families) Meet Peppa Pig. Free Story Sack Making. Story telling session. Meet a wide variety of partners offering advice on babies, parenting and family life.	**Baby Buddies** **(Baby Week Focus)** 10:00am - 11:00am	**Family Hub Cuppa & Chat** 1:00pm - 3:00pm **Family Hub Hangout 11+** 4:00pm - 5:30pm	**Play Space** 1:00pm - 3:00pm	**Baby Essential Paediatric First Aid** 10:30am - 11:30am **@Petteril Bank Family Hub** (Please see information on reverse of timetable) Baby Takeover @Tullie House 10am - 4pm	**Little Learners** **(Baby Week Focus)** 10:00am - 11:30am **Infant Massage Bookable**
	Little Learners **(Baby Week Focus)** **@ Silloth Family Hub** 1:30pm - 3:00pm				**Infant Massage** **@ Aspatria Family Hub Bookable** 1:00pm - 2:30pm (6th November to 18th December) **Play Space** **@ Aspatria Family Hub** 1:00pm - 3:00pm

Wigton Family Hub, 10/12 Wampool Place, Wigton, CA7 9SA Call Us: 01228 226 081
Email us: familyhub.Wigton@cumberland.gov.uk Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers. Developing communication and interaction skills through our special Baby Week with stories, songs and Interactive play.

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Baby Week will focus on physical and pre-writing skills through our fun play dough session.

Play Space: A parent led drop-in session where parent/carers are encouraged to play and interact with your child/ren in a friendly environment. Suitable for children 0-5 years.

Infant Massage: An opportunity to help you to learn the techniques of baby massage and the benefits to your baby. Suitable from 6 weeks - mobile. **Please contact the Family Hub to book.**

Family Hub Cuppa & Chat: A friendly drop in for parents and carers to chat about parenting, family life and any worries you have. Come and find out what support is available from your local Family Hub.

Family Hub Hangout 11+: A drop-in session for children and young people aged 11+ in a relaxed space to socialise, take part in activities and develop new skills. Come along to talk to the Family Hub team to get information or support on things that matter to you.

Cumberland Youth Voice: A group to empower young people to have their voices heard, influence decisions on issues that matter to them, and understand their rights, choices, and opportunities.

Silloth Family Hub - Liddell Street, Silloth, CA7 4DD

Aspatria Family Hub - Library, Market Square, Aspatria, CA7 3EZ

