14 - 20 November 2026

BABY WEEK EVENTS

For babies and under 5's, parents & carers & professionals!

SAT 14 Nov

BABY WEEK LAUNCH | 10:00am - 2:00pm
Whitehaven Library, Lowther street, CA28 7QZ
Meet Paddington Bear. Story Sacks, Story Telling.
Advice from professionals and partners.

TUES 17 Nov

BABY FIRST AID | 1:30pm - 2:30pm
@Valley Family Hub, Whinlatter road, CA28 8DA
(1 adult per family, for those with babies under 1)
£5* Booking essential. Please book via QR code:

WED 18 Nov

BABY SHOWER | 4:00pm - 6:00pm
@Millom Valley Hub, Lapstone road, LA18 4LP
Pregnant? Come along partners welcome

FRI 20 Nov

STORY HUNT WALK & ACTIVE STORY SESSION
9:30am - 11:00am
@Family Hub on the Harbour, Swingpump Lane, CA28 7LZ
Were going on a story hunt around the harbour, engaging with Dear Zoo and Going on a Bear Hunt

All of our sessions are FREE.

However the Baby First Aid has a cost of £5.
These sessions are part funded by the Cumberland Family Hubs. If you would like to attend but are unable to do so due to cost. Please get in touch with;
Familyhub.Whitehaven@cumberland.gov.uk

BABY WEEK 2026 | www.babyweek.co.uk #LittleMomentsMatter