

14 - 20 November 2026

BABY WEEK EVENTS

For babies and under 5's, parents & carers & professionals!

**SAT
14 Nov**

BABY WEEK LAUNCH | 10:00am - 2:00pm

Whitehaven Library, Lowther street, CA28 7QZ

Meet Paddington Bear. Story Sacks, Story Telling.

Advice from professionals and partners.

**TUES
17 Nov**

BABY MASSAGE | 1:30pm - 2:30pm

@Valley Family Hub, Whinlatter road, CA28 8DA

(1 adult per family, for those with babies under 1)

£5* Booking essential. Please book via link

<https://booking.daisyfirstaid.com/book/cb42f87c09da0baf>

**WED
18 Nov**

BABY SHOWER | 4:00pm - 6:00pm

@Millom Valley Hub, Lapstone road, LA18 4LP

Pregnant? 28 weeks or more? you are invited, just drop-in

**FRI
20 Nov**

STORY HUNT WALK & ACTIVE STORY SESSION

9:30am - 11:00am

@Family Hub on the Harbour, Swingpump Lane, CA28 7LZ

Were going on a story hunt around the harbour, engaging with Dear Zoo and Going on a Bear Hunt

All of our sessions are FREE.

However the Infant Massage has a cost of £5.

These sessions are part funded by the Cumberland Family Hubs. If you would like to attend but are unable to do so due to cost. Please get in touch with;

Familyhub.Whitehaven@cumberland.gov.uk