What's on at Petteril Bank Family Hub and surrounding area

BABY WEEK 2026 Saturday 14th to Friday 20th November

Saturday	Monday	Tuesday	Wednesday	Thursday	Friday
Baby Week Launch **Carlisle Library - The Lanes Carlisle** **10:30am - 2:30pm** (For children aged 0-5 and their families) Meet Peppa Pig. Free Story Sack Making. Story telling session. Meet a wide variety of partners offering advice on babies, parenting and family life.	**Play Space** 9:30am - 11:30am **Baby Buddies** **(Baby Week Focus)** 1:30pm - 2:30pm **Little Strollers** 2:30pm - 3:00pm		**Play Space** 1:00pm - 3:00pm **Family Hub Hangout 5-11** 3:30pm - 5:00pm	**Family Hub Cuppa & Chat** 9:00am - 11:00am **Baby Essential Paediatric First Aid** 10:30am - 11:30am **@Petteril Bank Family Hub** (Please see information on reverse of timetable) **Baby Takeover** **@Tullie House** 10am - 4pm **Little Learners** **(Baby Week Focus)** 1:30pm - 3:00pm	**Toddler Tales** 9:30am - 10:30am (6th November to 18th December)
		Time Together SEND Group **@ Harraby Community Campus** 11:00am - 12:00pm			

Petteril Bank Family Hub, Burnett Road, Carlisle, CA1 3BX Call Us: 01228 227 465
Email us: familyhub.EastCarlisle@cumberland.gov.uk Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Play Space: A parent led drop-in session where parent/carers are encouraged to play and interact with your child/ren in a friendly environment. Suitable for children 0-5 years.

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers. Developing communication and interaction skills through our special Baby Week with stories, songs and Interactive play.

Little Strollers: A relaxed buggy walk for parents and carers to enjoy fresh air, gentle exercise, and the chance to connect with other local families.

Time Together SEND Group: For children 0-5 years with additional needs and their families. Your children can explore a range of sensory play activities and gain advice from the Family Hub team.
Group on Tuesday runs at Harraby Community Campus: Edgehill Road, Harraby, Carlisle, CA1 3SN.

Infant Massage: An opportunity to help you to learn the techniques of baby massage and the benefits to your baby. Suitable from 6 weeks - mobile. **Please contact the Family Hub to book.**

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Baby Week will focus on physical and pre-writing skills through our fun play dough session.

Toddler Tales: A group for children 0-5 years and their families to explore stories and rhymes.

Family Hub Hangout 5 -11: A fun and supportive session for children aged 5 -11 helping them to learn new skills, be creative, stay active and make new friends. **(For 5-8 year old's, a parent/carer is required to drop off and collect their child)**

Family Hub Cuppa & Chat: A friendly drop in for parents and carers to chat about parenting, family life and any worries you have. Come and find out what support is available from your local Family Hub.

Harraby Community Campus - Edgehill Road, Harraby, Carlisle, CA1 3SN

