

What's on at Petteril Bank Family Hub and surrounding area

Tuesday 1st September to Friday 18th December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Play Space 9:30am - 11:30am Baby Buddies 1:30pm - 2:30pm Little Strollers 2:30pm - 3:00pm		Play Space 1:00pm - 3:00pm Family Hub Hangout 5-11 3:30pm - 5:00pm	Family Hub Cuppa & Chat 9:00am - 11:00am Infant Massage Bookable 10:00am - 11:30am (17 th September to 22 nd October) Little Learners 1:30pm - 3:00pm	Music & Rhyme 9:30am - 10:30am (4 th September to 23 rd October) Toddler Tales 9:30am - 10:30am (6 th November to 18 th December)
	Time Together SEND Group @ Harraby Community Campus 11:00am - 12:00pm			

Petteril Bank Family Hub, Burnett Road, Carlisle, CA1 3BX Call Us: 01228 227 465

Email us: familyhub.EastCarlisle@cumberland.gov.uk Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Play Space: A parent led drop-in session where parent/carers are encouraged to play and interact with your child/ren in a friendly environment. Suitable for children 0-5 years.

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers.

Little Strollers: A relaxed buggy walk for parents and carers to enjoy fresh air, gentle exercise, and the chance to connect with other local families.

Time Together SEND Group: For children 0-5 years with additional needs and their families. Your children can explore a range of sensory play activities and gain advice from the Family Hub team.

Group on Tuesday runs at Harraby Community Campus: Edgehill Road, Harraby, Carlisle, CA1 3SN.

Infant Massage: An opportunity to help you to learn the techniques of baby massage and the benefits to your baby. Suitable from 6 weeks - mobile.

Please contact the Family Hub to book.

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Regular workshop sessions will be held focusing on eating, dental health, toileting and more.

Music & Rhyme: For ages 1-4 years old. With a range of different activities to make song time fun, including parachute games, popping bubbles, musical instruments and singing!

Toddler Tales: A group for children 0-5 years and their families to explore stories and rhymes.

Family Hub Hangout 5 -11: A fun and supportive session for children aged 5 -11 helping them to learn new skills, be creative, stay active and make new friends. **(For 5-8 year old's, a parent/carer is required to drop off and collect their child)**

Family Hub Cuppa & Chat: A friendly drop in for parents and carers to chat about parenting, family life and any worries you have. Come and find out what support is available from your local Family Hub.

Harraby Community Campus -
Edgehill Road, Harraby, Carlisle, CA1 3SN