



What's on at the Wigton Family Hub and surrounding area

Monday 1 June to Friday 10 July 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Wigton Family Hub Wigton		Development Review Clinic 9.00am - 1.00pm Baby Buddies & Infant Feeding Support 1.30pm - 2.30pm Cumberland Youth Voice (9 June & 14 July) 4.30 pm - 6.00 pm	Early Help Drop in 10.30am - 11.30am Starting Solids Workshop (10 June) 1.30pm- 2.30pm		
Silloth Family Hub Liddell Street, Silloth, CA7 4DD	Little Learners 1.45pm - 2.45pm				

Wigton Family Hub, 10/12 Wampool Place, Wigton, CA7 9SA Call Us: 01228 226 081

Email us: familyhubs5@cumberland.gov.uk

Follow us on Facebook/Instagram: @CumberlandFamilyHubs

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Allonby Play Park Off Main Street, Allonby				Hub2U (4 June- 18 June) 4.00pm-7.00pm	
The Green, Cycle Rte 72, opposite Mrs Wilsons Coffee House, Silloth.				Hub2U (25 June- 9 July) 4.00pm-7.00pm	

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Best Start in Life Sessions

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers.

Infant Feeding: Offering support for parents who are breastfeeding or thinking about it. This group supports parents to respond to their baby's feeding needs. From birth onwards.

Little Learners: A drop-in group for children aged 1-4 years. An opportunity for children to play and learn together Regular workshop sessions will be held focusing on eating, dental health, toileting and more.

Starting Solids Workshop: is a session for parents with babies who are thinking about introducing solid foods to their babies. You will get lots of information, support and advice so you can confidently get weaning off to the right start. Please contact the family hub to book.

Development Review Clinic: Appointment only. To contact the Cumberland health visiting service please visit:
<https://hdftchildrenshealthservice.co.uk/ourservice/growing-healthy-0-19-cumberland/> or call 0300 304 9029

Early Help Drop in: Offering advice and support about how Early Help can support your family.

Cumberland Youth Voice: (11-19 year olds) These relaxed drop in sessions are a chance to share ideas, meet others, and make a real difference to the spaces and services designed for families and young people in our communities. Snacks and drinks will be provided and no sign-up is needed.

Hub2u: is Cumberland's mobile Family Hub. It brings essential support services directly to families and young people, especially in rural and remote areas.
The pop-up service travels to local communities across Cumberland, providing access to a wide range of family and youth support services