



# What's on at the Wigton Family Hub and surrounding area

## Monday 13<sup>th</sup> April to Friday 22<sup>nd</sup> May 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wigton Family Hub</b> Wigton		<b>Development Review Clinic</b> 9:00am - 1:00pm  <b>Baby Buddies</b> 1:30pm - 2:30pm  <b>Cumberland Youth Voice</b> (14th April & 12th May) 4:30 pm - 6:00 pm	<b>Early Help Drop in</b> 10:30am - 11:30am		
<b>Silloth Family Hub</b> Liddell Street, Silloth, CA7 4DD	<b>Little Learners</b> 1:45pm - 2:45pm				

Wigton Family Hub, 10/12 Wampool Place, Wigton, CA7 9SA Call Us: 01228 226 081

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Follow us on Facebook/Instagram: @CumberlandFamilyHubs

## **Best Start in Life Sessions**

**Baby Buddies:** An interactive group for bumps and babies 0-12 months and their parent/carers.

**Little Learners:** A drop-in group for children aged 1-4 years. An opportunity for children to play and learn together Regular workshop sessions will be held focusing on eating, dental health, toileting and more.

**Little Strollers:** Join us for a relaxed and welcoming walk for parents and carers with little ones in their buggies.

**Development Review Clinic:** Appointment only. To contact the Cumberland health visiting service please visit:

<https://hdftchildrenshealthservice.co.uk/ourservice/growing-healthy-0-19-cumberland/> or call 0300 304 9029

**Early Help Drop in:** Offering advice and support about how Early Help can support your family.

**Cumberland Youth Voice:** (11-19 year olds) These relaxed drop in sessions are a chance to share ideas, meet others, and make a real difference to the spaces and services designed for families and young people in our communities. Snacks and drinks will be provided and no sign-up is needed.