

# What's on at the Family Hub in Millom

## Easter Holidays - Monday 30<sup>th</sup> March to Friday 10<sup>th</sup> April 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Millom Family Hub</b> Millom	<u>30<sup>th</sup> March Only</u>	<b>Development Review Clinic</b> <b>(Appointment Only)</b> 9:00am - 5:00pm	<b>Easter Fun</b> <b>(0-8 years old)</b> <b>(Bookable)</b> (8 <sup>th</sup> April) 10:30am - 12:00pm	<b>Sensory Room</b> <b>(Bookable)</b>  <b>Good Enough Start Together Time</b> 10:00am - 11:15am	<u>10<sup>th</sup> April Only</u>  <b>Sensory Room</b> <b>(Bookable)</b>  <b>Benefits &amp; Employment Drop in</b> 10:15am - 11:15am  <b>Play Space Drop in</b> 1:00pm - 2:30pm  <b>Messy Babies</b> <b>(0-12 Months old)</b> <b>(Bookable)</b> 10:30am - 11:30am

**Sensory Room:** Sensory lights and equipment to develop and engage senses. Suitable for ages 0-19 (25 with SEND). Bookable via phone/email.

**Play Space:** A parent led drop in session where parent/carers are encouraged to play and interact with your child/ren in a friendly environment. Suitable for ages 0-5.

**Easter Fun:** Suitable for children aged 0-8. Join in with free Easter games and crafts. Email [familyhubs3@cumberland.gov.uk](mailto:familyhubs3@cumberland.gov.uk) to book.

**Messy Babies:** Suitable for babies aged 0-12 months. Bring your little one along for free messy sensory play. Email [familyhubs3@cumberland.gov.uk](mailto:familyhubs3@cumberland.gov.uk) to book.

**Good Enough Start Together Time:** Looking for a fun, hands-on way to connect with your little one? Together Time is all about sensory play, giving babies the chance to explore new textures, colours, and activities while you learn more about their emotional and social development in a relaxed, supportive space.

**Benefits & Employment Drop in:** Offering support on finances, benefits, employment and getting back to work.

**Development Review Clinic:** Appointment only. To contact the Cumberland health visiting service please visit: <https://hdftchildrenshealthservice.co.uk/our-service/growing-healthy-0-19-cumberland/> or call 0300 304 9029