



# What's on at the Wigton Family Hub and surrounding area

## Monday 23<sup>rd</sup> February to Friday 27<sup>th</sup> March 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wigton Family Hub</b> Wigton		<b>Baby Buddies</b> 1:30pm - 2:30pm  <b>Cumberland 0-19 Public Health Session</b> 9:00am - 1:00pm  <b>Cumberland Youth Voice Drop in</b> 4:30 pm - 6:00 pm <i>(10<sup>th</sup> March, 14<sup>th</sup> April)</i>	<b>Early Help Drop in</b> 10:30am - 11:30am		<b>Little Learners</b> 10:00am - 11:00am <i>(27<sup>th</sup> February to 20<sup>th</sup> March)</i>
<b>Silloth Family Hub</b> Liddell Street, Silloth, CA7 4DD	<b>Little Learners</b> 1:45pm - 2:45pm <b>(Starts 16<sup>th</sup> March)</b>				

Wigton Family Hub, 10/12 Wampool Place, Wigton, CA7 9SA Call Us: 01228 226 081

Email us: [familyhubs5@cumberland.gov.uk](mailto:familyhubs5@cumberland.gov.uk)

Follow us on Facebook/Instagram: @CumberlandFamilyHubs

**Baby Buddies:** An interactive group for bumps and babies 0-12 months and their parent/carers.

**Little Learners:** Opportunity for children to play and learn together aged 1-4 years. Regular workshop sessions will be held focusing on eating, dental health, toileting and more. **(Wigton and Silloth Family Hub)**

**Early Help Drop in:** Offering advice and support about how Early Help can support your family.

**Cumberland 0-19 Public Health Session:**

To contact the Cumberland health visiting service please visit:

<https://hdftchildrenshealthservice.co.uk/ourservice/growing-healthy-0-19-cumberland/> or call **0300 304 9029**

**Cumberland Youth Voice:** (11-19 years old) These relaxed sessions are a chance to share ideas, meet others, and make a real difference to the spaces and services designed for families and young people in our communities. Snacks and drinks will be provided and no sign-up is needed.