

Hi, my name is Abigail and I am running for the position of MYP (Member of Youth Parliament) because I would like to represent young people's voices more, and make sure they are heard, and advocated for.

I have experience in working as a team, by being involved in a co-research residential - taking part in activities and completing workshops. As well as being a member of youth council, speaking up for, and making sure that young people are listened to. And have developed the following skills:

Communication,

Confidence,

Teamwork,

Punctuality,

Problem-solving,

And Responsibility.

I believe these make me an ideal candidate because they have helped me to present and speak in front of large crowds, have made me a good advocate and work well as a team with new people.

If elected I would aim to :

- Highlight and bring awareness to unrealistic beauty standards
- Work hard to reduce online bullying and peer pressure
- And as an overall, focus on online mental health

I think these aims will have a positive impact on young people because problems like these can greatly affect a young person's mental health, and possibly affect them daily, therefore needs to be acted upon. I would aim to do this through schools, and over social media.

Thank you for taking the time to read my Manifesto, I hope you will consider voting for me.