

What's on at the Family Hub in Wigton and surrounding area

Monday 5th January to Friday 13th February 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Wigton Family Hub Wigton	Infant Massage <i>(Bookable)</i> <i>(Starts 23rd February)</i> Home Education Drop in 11:00am - 1:00pm <i>(2nd February)</i>	Baby Buddies 1:30pm - 2:30pm <i>(Starts 13th January)</i> Cumberland Youth Voice Drop in 4:30 pm - 6 pm <i>(13 January & 10 February)</i>	Early Help Drop in 10:30am - 11:30am Little Learners 1:00pm - 2:00pm	Health Visitor Clinic (Fortnightly) <i>(Bookable)</i> 9:00am - 1:00pm	
Aspatia Family Hub Market Square Aspatia CA7 3EZ					Toddler Tales 10:00am - 11:00am <i>(Starts 9th January to 6th February)</i>
Silloth Family Hub Liddel Street, Silloth, CA7 4DD	Little Learners 1:45pm - 2:45pm <i>(Starts 12th January)</i>				

Wigton Family Hub, 10/12 Wampool Place, Wigton, CA7 9SA Call Us: 01228 226 081 Email us: familyhubs5@cumberland.gov.uk

Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers.

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Regular workshop sessions will be held focusing on eating, dental health, toileting and more. **(Silloth Family Hub)**

Toddler Tales: A group for children 0-5 years and their families to explore stories and rhymes. **(Aspatria Library)**

Infant Massage: A bookable short course to help you to learn the techniques of baby massage and the benefits to your baby. Suitable from 6 weeks - mobile.

Early Help Drop in: Offering advice and support about how Early Help can support your family.

Health Visitor Clinic: Bookable - 03003 049 029

Home Education Drop in: Are you new to home educating or want to find out more about home education? Do you want to meet other home educators and have a chat about different ideas and resources?

Come along to our information and guidance drop in sessions.