

What's on at Cumberland Family Hub - Maryport

Monday 2nd June to Friday 18 July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Baby Buddies 10:00-11:00am Infant Massage Book via email/phone 1:00-2:00pm (Starting on 30th June)	Play Space Drop in 9:30-11:30am	Little Learners 10:00-11:00am Home Education & Inspira Drop In 10am-12pm (4 th June) Youth Connect Drop In 1:30-3:30pm (4 th June & 9 th July)	Play Space Drop In 9:30-11:30am (Starting 12 th June) CADAS Family Support Drop In 10-11am (12th June & 10 th July)	Play Space Drop In 1:00-2:30pm

Find Us at: Ennerdale Road, Maryport CA15 8HN

Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Call Us: 01900 706164



Play Space drop in: A parent led session where parents are encouraged to play and interact with your child/ren in a friendly environment. Suitable for ages 0-5.

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers.

Youth Connect drop in: Offering advice and raising awareness to encourage positive connections for children and young people within their network and local community.

Home Education & Inspira Drop In: For more information email ElectiveHomeEducation@cumberland.gov.uk

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Regular workshop sessions will be held focusing on eating, dental health, toileting and more.

Infant massage: A short course to help you to learn the techniques of baby massage and the benefits to your baby, promoting one to one time together. Suitable from 6 weeks - mobile. Must be booked in advance.

CADAS Family Support Drop In: Contact CADAS on 0300 111 4002 for more information.