

# What's on at Cumberland Family Hub - Wigton

Monday 5 May to Friday 24 May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Baby Buddies</b> 1:30-2:30pm (Starting 13th May)			<b>Play Space Drop In</b> 10:30-11:30am (Starting 16th May)  <b>Infant Massage</b> Bookable 1:00-2:00pm (Starting 13th June)

Find Us at: Wampool Place, Wigton, CA7 9SA

Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Call Us: 01228 226081

**Play Space drop in:** A parent led session where parents are encouraged to play and interact with your child/ren in a friendly environment. Suitable for ages 0-5.

**Baby Buddies:** An interactive group for babies 0-12 months and their parent/carers.

**Infant massage:** A short course to help you to learn the techniques of baby massage and the benefits to your baby, promoting one to one time together. Suitable from 6 weeks - mobile. Must be booked in advance.