

What's on at Cumberland Family Hub – Morton, Carlisle

Monday 26 May to Friday 30 May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Closed due to Bank Holiday	Sensory Room Book via email/FB Play Space 09:30 - 11:30 am	Sensory Room Book via email/FB Play Space Drop In 09:30 -11:30am	Sensory Room Book via email/FB Half Term Fun drop in session (including Baby Buddies) 10:00 am - 12:00 pm Young Persons Sports and Wellbeing event 1:00 pm - 4:00 pm	Sensory Room Book via email/FB Play Space 09:30 -11:30 am

Find Us at: Wigton Road, Carlisle, CA2 6JP

Follow us on Facebook/Instagram: @CumberlandFamilyHubs

Call Us: 01228 223 417



Sensory Room: Sensory lights and equipment to develop and engage senses. Suitable for ages 0-19 (25 with SEND). Bookable via Telephone or email familyhubs7@cumberland.gov.uk.

Play Space drop in: A parent led session where parents are encouraged to play and interact with your child/ren in a friendly environment. Suitable for ages 0-5.

Half Term Fun drop in session: activities for all ages including arts and crafts, baby activities, temporary tattoos, board games, activities for teens and play spaces.

Baby Buddies: An interactive group for babies 0-12 months and their parent/carers.

Young persons sports and wellbeing event: sports and wellbeing activities for 11-17 year olds with free healthy snacks and drinks.