

What's on at Cumberland Family Hub - Longtown

Monday 5 May to Friday 24 May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sensory Room Book via email/Telephone</p> <p>Soft Play Book via email/telephone</p> <p>Infant Massage Bookable 10:30-11:30am (Starting 9th June)</p> <p>Play Space Drop In 1:00-2:30am (Starting 12th May)</p>	<p>Sensory Room Book via email/Telephone</p> <p>Soft Play Book via email/telephone</p> <p>Little Learners 10:30-11:30am</p>	<p>Sensory Room Book via email/Telephone</p> <p>Soft Play Book via email/telephone</p> <p>Baby Buddies 1:30-2:30pm</p>	<p>Sensory Room Book via email/Telephone</p> <p>Soft Play Book via email/telephone</p>	<p>Sensory Room Book via email/Telephone</p> <p>Soft Play Book via email/telephone</p>

Find Us at: 11 Mary Street, Longtown, CA6 5UF
Follow us on Facebook/Instagram: @CumberlandFamilyHubs
Call Us: 01228 226697

Sensory Room: Sensory lights and equipment to develop and engage senses. Suitable for ages 0-19 (25 with SEND). Book via phone, FB or email familyhubs6@cumberland.gov.uk.

Play Space drop in: A parent led session where parents are encouraged to play and interact with your child/ren in a friendly environment. Suitable for ages 0-5.

Soft Play: A ball pit, moveable soft shapes and a slide designed to support children with both interactive and independent play. It is suitable for under 5's. Book via FB, phone, email familyhubs6@cumberland.gov.uk.

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Regular workshop sessions will be held focusing on eating, dental health, toileting and more.

Infant massage: A short course to help you to learn the techniques of baby massage and the benefits to your baby, promoting one to one time together. Suitable from 6 weeks - mobile. Must be booked in advance.

Baby Buddies: An interactive group for babies 0-12 months and their parent/carers.