

How to help your bilingual child

The best way to help your child learn to speak is to talk to them as much as possible in your own language. Knowing another language will help the development of their English.



Find out more

Advice and guidance for families to help to support your child's speech and language skills. There is also a helpful guide to the typical stages of speech and language development in babies, children and young people.

[Speech and Language UK](#)

Advice on speaking to you child in your own language.

[Words For Life](#)



SCAN ME



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Please call into the Family Hub to talk further about any of the topics shared here.

Grow and Learn with Me

Talking Together

Every gurgle, giggle and babble are steps towards talking!

This leaflet is here to give you some fun and easy tips to help your child to develop their speech and language.

Talking to your baby grows language connections in their brain and helps them to learn to talk. The first three years are particularly important.



Babies

Did you know?

Our babies love to hear our voices. As early as when they are in the womb, they start to tune into the voices and sounds around them and often respond to more familiar voices.

Why not try?

- Help your baby to listen by facing them and making eye contact.
- Talk to your baby throughout the day about what you are doing. If you are not sure what to say you could read a book or sing a song.
- Help your baby to listen by turning off the TV and phone when you talk to them.
- Copy sounds such as babbling and the faces your baby makes, wait for a pause in their sound making and then respond, this is early turn taking.
- Play games and read to your baby. They will love to be close to you and hear your voice and have fun. senses, touching, smelling, listening, tasting and looking.



Toddlers

Did you know?

Talking together is one of the best ways to help your child's speech and language develop.

Why not try?

- Make every moment a talking opportunity. Get down to their level, make eye contact and show you are interested.
- Speak slowly and clearly and repeat new words often.
- Read books as often as you can. Read favourite books over and over. Books with lots of repetition are good at this age.
- At bath time sing songs, splash and make silly sounds together.
- Sing nursery rhymes with your toddler when you are out and about or in the garden.
- At mealtimes, talk to your toddler about the different foods you like.
- Limit your child's daily tv time, playing and listening to stories is more helpful when they're learning to talk.
- Make it fun! Use silly voices and act out stories.

